



2010 Cascade Lakes Relay

Friday, July 30, 2010 - Saturday, July 31, 2010

Diamond Lake Resort to Bend, Oregon

216.6 Miles Running / 132.4 Miles Walking & High School

Overall Running Relay Results

Team Divisions:

1=Open Men 2=Open Women 3=Open Coed 4=Masters Men 5=Masters Women 6=Masters Coed
 7=Corporate 8=Public Service 9=High School Challenge 10=Elite Men 11=Elite Women
 12=Elite Coed 13=Ultra Men 14=Ultra Women 15=Ultra Coed 16=Solo Runner

Heats: 1-5:45am 2-6:00am 3-6:15am 4-6:30am 5-6:45am 6-7:00am
 7-7:15am 8-7:30am 9-7:45am 10-8:00am 12-9:45am 13-10:00am
 14-11:00am 15-11:30am

Results By Eclectic Edge Racing

Place	Team Name	No.	Tdi/Tot	Tdiv#	Heat	Time	Pace
1	Rebound/footzone	132	1/1	12	15	23:41:32	6:34
2	Sole Brothers	133	1/9	1	15	24:43:15	6:51
3	The Redeemed	136	2/9	1	15	25:06:15	6:58
4	Electric Dream Machine	134	1/89	3	15	25:53:42	7:11
5	Worst Pace Scenario	137	2/89	3	15	26:38:54	7:23
6	Central Point Runners	106	3/89	3	13	26:49:26	7:26
7	Frontrunners Out In Front	135	3/9	1	15	26:57:15	7:28
8	Umpqua Trail Runners	129	4/89	3	14	28:51:05	8:00
9	Truckers	112	1/10	2	10	28:59:53	8:02
10	Sublimation	131	5/89	3	14	29:11:50	8:06
11	Jones And Roth, Pc	120	6/89	3	12	29:21:57	8:09
12	The Predators	124	7/89	3	13	29:24:32	8:09
13	Lactic @sses	123	8/89	3	13	29:29:54	8:11
14	It Takes All Kinds	115	9/89	3	12	30:14:30	8:23
15	The Alliance Of Stinky Sneakers	122	10/89	3	13	30:14:35	8:23
16	The Sick Six	119	1/3	13	13	30:15:20	8:23
17	Rogue Runners	31	11/89	3	3	30:17:20	8:24
18	Road Rebels	128	12/89	3	14	30:20:56	8:25
19	Central Oregon Crossfit	125	13/89	3	13	30:34:02	8:29
20	Tall Boys And Tomahawks	100	14/89	3	9	30:34:37	8:29
21	Bast Fastards	47	4/9	1	5	30:40:05	8:30
22	Running On Empty	84	15/89	3	8	30:45:29	8:32
23	Farfromthevanagain2	73	16/89	3	7	30:46:33	8:32
24	Press On	86	17/89	3	8	30:48:59	8:33
25	Whiskey Tango Foxtrot	107	1/5	8	10	30:50:37	8:33
26	Run Oregon	110	18/89	3	10	30:54:27	8:34
27	Cincinnati Bowtie	48	5/9	1	5	31:00:29	8:36
28	Sweat, Regret, And Oxygen Debt	111	2/3	13	10	31:05:07	8:37
29	In The Zone	93	19/89	3	9	31:07:08	8:38
30	1.6	113	20/89	3	12	31:11:04	8:39
31	Old And In The Way	71	1/2	6	7	31:27:24	8:43
32	Farfromthevanagain	70	2/2	6	7	31:28:36	8:44
33	Doa - Dead On Arrival	62	21/89	3	6	31:37:57	8:46
34	SHITS - Super Heroes In Training	15	22/89	3	2	31:40:03	8:47
35	Bsb (blood Sweat & Beers)	126	23/89	3	13	31:41:36	8:47
36	The Rock-God's Warriors	46	6/9	1	5	31:42:20	8:47

37	Makin' Dust	32	24/89	3	3	31:43:27	8:48
38	Hilltoppers	118	25/89	3	12	31:50:33	8:50
39	Blazing Bullseyes	121	1/8	7	13	31:55:37	8:51
40	The Butte Slayers	95	26/89	3	9	31:56:20	8:51
41	Keep Moving Forward	89	27/89	3	3	31:56:27	8:51
42	Agony Of Defeat	81	2/8	7	8	32:01:19	8:53
43	Victorious Secret	78	2/10	2	7	32:05:19	8:54
44	Stat - Super Tight Ass Turtles	6	28/89	3	1	32:05:50	8:54
45	Quad Damage	116	29/89	3	12	32:05:50	8:54
46	Runamuck	101	30/89	3	9	32:08:41	8:55
47	Sea Monkeys	103	31/89	3	10	32:08:42	8:55
48	Menace Ii Sobriety	105	32/89	3	10	32:10:25	8:55
49	Perfect Strangers	102	33/89	3	10	32:11:08	8:55
50	Force De Feet	75	34/89	3	7	32:17:39	8:57
51	Slow Motion To The Ocean	28	35/89	3	3	32:17:41	8:57
52	10 Barrel	92	36/89	3	9	32:21:02	8:58
53	Worst Case Scenario	49	7/9	1	5	32:21:23	8:58
54	Do Not Resuscitate	58	37/89	3	6	32:23:27	8:59
55	Dots	26	38/89	3	8	32:24:22	8:59
56	Juniper Jumpers	98	39/89	3	9	32:24:36	8:59
57	The Really Big Nuts	53	40/89	3	5	32:28:18	9:00
58	Adventure Divas N Dudes	40	41/89	3	4	32:29:30	9:01
59	Green Machine	94	42/89	3	9	32:31:26	9:01
60	Da Holey Soles	96	43/89	3	9	32:40:02	9:03
61	Team Super Dog	117	44/89	3	12	32:40:33	9:04
62	Short Term Memory Loss	56	1/2	15	5	32:40:41	9:04
63	The Just Us League	79	3/10	2	7	32:43:12	9:04
64	Super Troopers	60	45/89	3	6	32:46:17	9:05
65	Top Shelf Runners	5	46/89	3	1	32:46:24	9:05
66	Java Junkies	68	2/2	15	6	32:47:19	9:05
67	Bodyglide, Blisters And Bengay	88	47/89	3	8	32:48:14	9:06
68	Law And Odor	85	48/89	3	8	32:50:28	9:06
69	12 Pack	16	8/9	1	2	32:50:48	9:06
70	Station 37/ OSP Strong	108	2/5	8	10	32:51:20	9:07
71	Running Away	36	3/8	7	4	32:53:46	9:07
72	Team Edge	61	49/89	3	6	32:56:37	9:08
73	Bachelor Beauts	20	4/10	2	2	33:02:47	9:10
74	Canby Cruisers	22	50/89	3	2	33:06:20	9:11
75	The Captain's Crew	109	3/5	8	10	33:08:34	9:11
76	Very Worst Case Scenario	69	3/3	13	6	33:09:54	9:12
77	More Cowbell	59	51/89	3	6	33:10:17	9:12
78	Get Rowdy With Kyle	82	9/9	1	8	33:14:50	9:13
79	Running Down A Dream	54	52/89	3	5	33:22:22	9:15
80	Skirting Disaster	35	4/8	7	4	33:22:26	9:15
81	Cookies And Fun	24	53/89	3	3	33:25:55	9:16
82	Mugwumps	14	54/89	3	2	33:25:59	9:16
83	Screaming Joints	27	55/89	3	3	33:28:45	9:17
84	Can't We All Just Run Along!	83	56/89	3	8	33:29:09	9:17
85	Kiss My Assphalt	76	57/89	3	7	33:34:46	9:19
86	Never Forget	99	58/89	3	9	33:37:44	9:19
87	Twisted Blister	41	59/89	3	4	33:38:20	9:20
88	The Knights Of The Buffet Table	1	5/8	7	1	33:41:16	9:20
89	The Hula-Gans	21	60/89	3	2	33:41:43	9:21
90	Cereal Killers	90	61/89	3	8	33:43:23	9:21
91	The Overalevers	52	62/89	3	5	33:47:09	9:22
92	Pink Panters	65	5/10	2	6	33:48:45	9:22
93	Dodgeball Run Kids	50	63/89	3	5	33:51:40	9:23
94	School Dazed	34	6/8	7	4	33:53:44	9:24
95	The Jackalopes	51	64/89	3	5	34:01:23	9:26
96	Hoof Hearted	42	65/89	3	4	34:01:55	9:26
97	Wicked Wahines	64	6/10	2	6	34:17:25	9:30
98	More Blisters Than Brains	33	66/89	3	4	34:17:37	9:30
99	Running For 162nd-Wetsu	8	67/89	3	1	34:21:01	9:31
100	Bend Research - Geeks And Sneaks	23	7/8	7	3	34:21:45	9:32
101	Gonna Break My Rusty Cage...And Run 2	68/89		3	1	34:23:06	9:32
102	Girls Just Wanna Have Fun	80	7/10	2	7	34:24:01	9:32
103	The Cracked Dozen	43	69/89	3	4	34:25:19	9:33
104	Long Chain Fatty Asses	30	70/89	3	3	34:30:06	9:34
105	Unicorn Poachers	87	71/89	3	8	34:34:45	9:35
106	Too Stupid To Stop	25	72/89	3	3	34:38:11	9:36
107	A Bad Case Of The Runs	77	73/89	3	7	34:40:47	9:37
108	Las Corredoras	63	8/10	2	6	34:41:28	9:37
109	Kingsley Eagles	38	4/5	8	4	34:47:30	9:39

110	Running Girls Inc.	66	9/10	2	6	34:48:30	9:39
111	Depreciating Assets	37	8/8	7	4	34:50:17	9:40
112	Like The Wind	74	74/89	3	7	34:54:14	9:41
113	Herbs And Spices	17	75/89	3	2	34:54:48	9:41
114	Gelatinous Mass	91	76/89	3	8	35:15:28	9:46
115	The Bea Arthurs	104	77/89	3	10	35:17:12	9:47
116	Monkey Business	39	78/89	3	4	35:19:16	9:48
117	3 Dudes And 18 Boobs	44	79/89	3	4	35:27:39	9:50
118	Where's The Beach?	55	80/89	3	5	35:28:59	9:50
119	The Honey Bucket List	19	81/89	3	2	35:30:31	9:51
120	Sworn To Run	57	82/89	3	6	35:43:12	9:54
121	Mellow Milers	29	83/89	3	3	35:45:05	9:55
122	In It To Finish	12	84/89	3	2	36:02:57	10:00
123	The Sick Sisters	45	1/1	14	4	36:17:37	10:04
124	The Flamingo Froggers	4	85/89	3	1	36:20:11	10:04
125	No Runner, Only Path	18	86/89	3	2	36:30:09	10:07
126	We've Got The Runs	13	87/89	3	2	36:33:48	10:08
127	Blood, Sweat, And Beers	10	5/5	8	1	37:21:58	10:22
128	Almost Elite	3	88/89	3	1	37:30:00	10:24
129	Sibling Rivalry	7	89/89	3	1	37:31:08	10:24
130	Grizzly Girls Gone Wild	9	10/10	2	1	38:02:26	10:33

Running Relay Results By Category

TEAM CATEGORY: OPEN MEN

1	Sole Brothers	24:43:15	6:51
2	The Redeemed	25:06:15	6:58
3	Frontrunners Out In Front	26:57:15	7:28
4	Bast Fastards	30:40:05	8:30
5	Cincinnati Bowtie	31:00:29	8:36
6	The Rock-God's Warriors	31:42:20	8:47
7	Worst Case Scenario	32:21:23	8:58
8	12 Pack	32:50:48	9:06
9	Get Rowdy With Kyle	33:14:50	9:13

TEAM CATEGORY: OPEN WOMEN

1	Truckers	28:59:53	8:02
2	Victorious Secret	32:05:19	8:54
3	The Just Us League	32:43:12	9:04
4	Bachelor Beauts	33:02:47	9:10
5	Pink Panters	33:48:45	9:22
6	Wicked Wahines	34:17:25	9:30
7	Girls Just Wanna Have Fun	34:24:01	9:32
8	Las Corredoras	34:41:28	9:37
9	Running Girls Inc.	34:48:30	9:39
10	Grizzly Girls Gone wild	38:02:26	10:33

TEAM CATEGORY: OPEN COED

1	Electric Dream Machine	25:53:42	7:11
2	Worst Pace Scenario	26:38:54	7:23
3	Central Point Runners	26:49:26	7:26
4	Umpqua Trail Runners	28:51:05	8:00
5	Sublimation	29:11:50	8:06
6	Jones And Roth, Pc	29:21:57	8:09
7	The Predators	29:24:32	8:09
8	Lactic @sses	29:29:54	8:11
9	It Takes All Kinds	30:14:30	8:23
10	The Alliance Of Stinky Sneakers	30:14:35	8:23
11	Rogue Runners	30:17:20	8:24
12	Road Rebels	30:20:56	8:25
13	Central Oregon Crossfit	30:34:02	8:29
14	Tall Boys And Tomahawks	30:34:37	8:29
15	Running On Empty	30:45:29	8:32
16	Farfromthevanagain2	30:46:33	8:32
17	Press On	30:48:59	8:33
18	Run Oregon	30:54:27	8:34
19	In The Zone	31:07:08	8:38
20	1.6	31:11:04	8:39
21	Doa - Dead On Arrival	31:37:57	8:46
22	The S H I T S - Super Heros In Training	31:40:03	8:47
23	Bsb (blood Sweat & Beers)	31:41:36	8:47
24	Makin' Dust	31:43:27	8:48
25	Hilltoppers	31:50:33	8:50
26	The Butte Slayers	31:56:20	8:51
27	Keep Moving Forward	31:56:27	8:51
28	Stat - Super Tight Ass Turtles	32:05:50	8:54
29	Quad Damage	32:05:50	8:54
30	Runamuck	32:08:41	8:55
31	Sea Monkeys	32:08:42	8:55
32	Menace Ii Sobriety	32:10:25	8:55
33	Perfect Strangers	32:11:08	8:55

34	Force De Feet	32:17:39	8:57
35	Slow Motion To The Ocean	32:17:41	8:57
36	10 Barrel	32:21:02	8:58
37	Do Not Resuscitate	32:23:27	8:59
38	Dots	32:24:22	8:59
39	Juniper Jumpers	32:24:36	8:59
40	The Really Big Nuts	32:28:18	9:00
41	Adventure Divas N Dudes	32:29:30	9:01
42	Green Machine	32:31:26	9:01
43	Da Holey Soles	32:40:02	9:03
44	Team Super Dog	32:40:33	9:04
45	Super Troopers	32:46:17	9:05
46	Top Shelf Runners	32:46:24	9:05
47	Bodyglide, Blisters And Bengay	32:48:14	9:06
48	Law And Odor	32:50:28	9:06
49	Team Edge	32:56:37	9:08
50	Canby Cruisers - Blood Sweat & Cheers	33:06:20	9:11
51	More Cowbell	33:10:17	9:12
52	Running Down A Dream	33:22:22	9:15
53	Cookies And Fun	33:25:55	9:16
54	Mugwumps	33:25:59	9:16
55	Screaming Joints	33:28:45	9:17
56	Can't We All Just Run Along!	33:29:09	9:17
57	Kiss My Assphalt	33:34:46	9:19
58	Never Forget	33:37:44	9:19
59	Twisted Blister	33:38:20	9:20
60	The Hula-Gans	33:41:43	9:21
61	Cereal Killers	33:43:23	9:21
62	The Overalevers	33:47:09	9:22
63	Dodgeball Run Kids	33:51:40	9:23
64	The Jackalopes	34:01:23	9:26
65	Hoof Hearted	34:01:55	9:26
66	More Blisters Than Brains	34:17:37	9:30
67	Running For 162nd-wetsu	34:21:01	9:31
68	Gonna Break My Rusty Cage...And Run	34:23:06	9:32
69	The Cracked Dozen	34:25:19	9:33
70	Long Chain Fatty Asses	34:30:06	9:34
71	Unicorn Poachers	34:34:45	9:35
72	Too Stupid To Stop	34:38:11	9:36
73	A Bad Case Of The Runs	34:40:47	9:37
74	Like The Wind	34:54:14	9:41
75	Herbs And Spices	34:54:48	9:41
76	Gelatinous Mass	35:15:28	9:46
77	The Bea Arthurs	35:17:12	9:47
78	Monkey Business	35:19:16	9:48
79	3 Dudes And 18 Boobs	35:27:39	9:50
80	Where's The Beach?	35:28:59	9:50
81	The Honey Bucket List	35:30:31	9:51
82	Sworn To Run	35:43:12	9:54
83	Mellow Milers	35:45:05	9:55
84	In It To Finish	36:02:57	10:00
85	The Flamingo Froggers	36:20:11	10:04
86	No Runner, Only Path	36:30:09	10:07
87	We've Got The Runs	36:33:48	10:08
88	Almost Elite	37:30:00	10:24
89	Sibling Rivalry	37:31:08	10:24
TEAM CATEGORY: MASTERS COED			
1	Old And In The Way	31:27:24	8:43
2	Farfromthevanagain	31:28:36	8:44
TEAM CATEGORY: CORPORATE			
1	Blazing Bullseyes	31:55:37	8:51
2	Agony Of Defeat	32:01:19	8:53
3	Running Away	32:53:46	9:07
4	Skirting Disaster	33:22:26	9:15
5	The Knights Of The Buffet Table	33:41:16	9:20
6	School Dazed	33:53:44	9:24
7	Bend Research - Geeks And Sneaks	34:21:45	9:32
8	Depreciating Assets	34:50:17	9:40
TEAM CATEGORY: PUBLIC SERVICE			
1	Whiskey Tango Foxtrot	30:50:37	8:33
2	Station 37/Osp Strong	32:51:20	9:07
3	The Captain's Crew	33:08:34	9:11
4	Kingsley Eagles	34:47:30	9:39
5	Blood, Sweat, And Beers	37:21:58	10:22
TEAM CATEGORY: ELITE COED			
1	Rebound/footzone	23:41:32	6:34
TEAM CATEGORY: ULTRA MEN			
1	The Sick Six	30:15:20	8:23
2	Sweat, Regret, And Oxygen Debt	31:05:07	8:37
3	Very Worst Case Scenario	33:09:54	9:12
TEAM CATEGORY: ULTRA WOMEN			
1	The Sick Sisters	36:17:37	10:04

TEAM CATEGORY: ULTRA COED
 1 Short Term Memory Loss
 2 Java Junkies

32:40:41 9:04
 32:47:19 9:05

Walking Relay Results - 132.4 Miles

Place	Team Name	No.	Tdi/Tot	Tdiv#	Heat	Time	Pace
1	Road Rivals	149	1/6	20	14	25:42:45	11:42
2	Enlightened Soles	151	1/1	17	14	28:37:46	13:01
3	Huffin Puffins	152	2/6	20	14	29:03:30	13:13
4	Webe Walkabout Masters	143	1/3	19	11	29:03:34	13:13
5	Sisters With Poise	145	3/6	20	11	29:24:20	13:22
6	Walking To Nowhere And Getting	150	1/1	18	14	30:02:57	13:40
7	Old Broads Boppin To Bend	146	2/3	19	11	30:16:28	13:46
8	The Young And The Rest Of Us	153	4/6	20	14	30:21:13	13:48
9	Vintage Whine Walkers	144	3/3	19	11	30:46:49	14:00
10	The Slowskis	147	5/6	20	11	32:11:56	14:39
11	Missfit Wisewalkers	148	6/6	20	11	32:19:29	14:42

Walking Relay Results By Category

TEAM CATEGORY: WALKING COED MASTERS							
1	Enlightened Soles					28:37:46	13:01
TEAM CATEGORY: WALKING COED OPEN							
1	Walking To Nowhere And Getting There Fast!!					30:02:57	13:40
TEAM CATEGORY: WALKING WOMEN'S MASTERS							
1	Webe Walkabout Masters					29:03:34	13:13
2	Old Broads Boppin To Bend					30:16:28	13:46
3	Vintage Whine Walkers					30:46:49	14:00
TEAM CATEGORY: WALKING WOMEN'S OPEN							
1	Road Rivals					25:42:45	11:42
2	Huffin Puffins					29:03:30	13:13
3	Sisters With Poise					29:24:20	13:22
4	The Young And The Rest Of Us					30:21:13	13:48
5	The Slowskis					32:11:56	14:39
6	Missfit Wisewalkers					32:19:29	14:42

High School Relay Results - 132.4 Miles

Place	Team Name	No.	Tdi/Tot	Tdiv#	Heat	Time	Pace
1	Wolverines XC	138	1/3	9	16	16:08:52	7:21
2	Summit Distance	139	2/3	9	16	17:40:34	8:03
3	Lava Lungers	154	3/3	9	16	18:39:34	8:29

Solo Runner - 152 Miles

Place	No.	Last Name	First Name	Time	Pace
1	152	Blessing	Ben	41:21:08	16:17

Solo Runner - 216.6 Miles

Place	No.	Last Name	First Name	Time	Pace
1	216.6	Salkeid	Eric	75:08:43	21:00