



TEAM CHECK-IN INFO

CASCADE LAKES RELAY 2021

CLR 36

Diamond Lake Resort

Thursday, July 29th - 4PM - 9PM

Friday, July 30th - at least 30 mins before your start time

WALK RELAY

Ex. Pt. 14 Fort Rock

Friday, July 30th - starting at 9AM

**** NO PICKUP ON THURS IN LAPINE ****

CLR 24

Ex. Pt. 14 Fort Rock

Friday, July 30th - starting at 7PM

TEAM CAPTAINS [OR DESIGNEE] ARE REQUIRED TO SHOW:

- TWELVE [12] reflective vests - 1 for each runner [6 for Ultra]
- TWO [2] flashlights or headlamps
- FOUR [4] flashing red lights - 2 for each van [one for your back and one for your front].
- Two copies of the Race Guide - 1 for each van [ok if Van 2 race guide is not at the start line]
- Two copies of the Race Map - 1 for each van [ok if Van 2 race map is not at the start line]
- Evidence of watching our 2021 Safety Video - All team members are required
- If you chose to "Hire a Volunteer" and haven't paid prior to the race, you will not be allowed to start without paying

CLR-36 ONLY: Van 2 does not need to attend check-in at Diamond Lake. In the case that Van 2 goes straight to ex 6, you may have Van 2 take pictures of their gear [1 light, 2 flashing lights, and 6 safety vests] as proof of meeting this requirement.